



A M O R C

The Rosicrucian Order

# MASTER MONOGRAPH

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# THE CONCURRENCE

This Week's Consideration of a Famous Opinion



¶ Nowhere is the joy of attunement more rapturously sung than in the verses of Walt Whitman. The merging of self with Self, the Christ Consciousness, which we are told in this monograph is the divine counterpart of ourselves, is the aspiration of the mystic. The following lines will have a message for each of us.



*O Thou transcendent,  
Nameless, the fibre and the breath,  
Light of the light, shedding forth universes, thou centre of them,  
Thou mightier centre of the true, the good, the loving,  
Thou moral, spiritual fountain—affection's source—thou  
reservoir  
(O pensive soul of me—O thirst unsatisfied—waitest not there.  
Waitest not haply for us somewhere there the Comrade perfect?)  
Thou pulse—thou motive of the stars, suns, systems,  
That, circling, move in order, safe, harmonious,  
Athwart the shapeless vastnesses of space,  
How should I think, how breathe a single breath, how speak,  
if, out of myself,  
I could not launch, to those, superior universes?  
Swiftly I shrivel at the thought of God,  
At Nature and its wonders, Time and Space and Death,  
But that I, turning, call to thee O soul, thou actual me,  
And lo, thou gently masterest the orbs,  
Thou matest Time, smilest content at Death,  
And fillest, swellest full the vastnesses of Space.*

—WALT WHITMAN, 1819-1892

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To the Members of the Esoteric Hierarchy, Greetings!

Members of this class have written they are having very unusual results with the recent exercises but that not all the results are what they expected, or what I intimated. In fact, to judge from a few of the letters, it would appear that they were not having any of the results with recent experiments that I said they might have. Members in this Degree are in various stages of psychic development inwardly, and each one is having experiences in accordance with his own degree of development. A few, it would seem, are not having any very definite objective manifestation, but only a great sense of spiritual change taking place. This seems to act like a tonic, making them feel better in a physical sense, more healthy in mind and body, and more optimistic. The large majority of members in this Degree, however, appear to be contacting something Cosmically that very definitely proves how diversified we are in our Cosmic as well as in our material connections.

Looking back over the past few months, each of you must realize that you have had some very important esoteric principles given you. If you have practiced only half of the exercises given, you will have made many interesting discoveries, as well as developed certain psychic centers. It may easily be that you are not so conscious of the development of these psychic centers as you would like to be. Just recently in connection with tests made at the University here at Rosicrucian Park, we took a group of members who were in different grades of study and in different degrees of unfoldment, and tested them by means of highly sensitive instruments which had been constructed and devised here. These members were startled to find how much real psychic power they had although they had not been having visions or demonstrations and had had no opportunity to know whether or not they had been making any progress.

One of these delicate instruments, which you may test for yourself sometime when you visit our laboratories, shows in the first place how much magnetic or Cosmic radiation each individual has from each of the different fingers of both hands. The instrument registers upon a scale that is as definite as the dial of a scale that you stand upon to register your weight. By taking hold of wires leading to this instrument, you will find the aura from each hand is easily and quickly registered. There will even be shown the difference in the radiations between the first three fingers of the right hand, and the other two fingers. Remember what we have said in many of our monographs, that the real healing power of the human body radiates from the thumb and the first two fingers of both the right and left hand. That is where the Divine Essence flows the greatest. That is why in ancient times those three fingers were used for all religious signs in giving blessings and benedictions. In one of our laboratories we also have a device which gives forth black





or ultraviolet light. When the rays of this light are cast upon the human aura, especially upon the radiations from the hand, the intensity and color of the auras are clearly visible.

Some members who thought they had not made great progress in any of their exercises in the lower Degrees were astonished to see that by taking a deep breath and holding it as they had been doing in their exercises, they doubled and tripled the amount of power radiating from their finger tips. They also found that the aura radiating from their temples, or the sides of the head, was greatly increased through concentration and deep breathing in a Rosicrucian or mystical manner. It was possible also to measure the difference between the various psychic centers of the body, and to show by these devices just how strong the radiation from certain psychic centers was when a deep breath was held, and when the breath was not held.

After such proofs as these, these members began to realize that they had been developing inwardly in a manner that did not reveal itself outwardly on every little occasion, nor bring about any change in the physical appearance. You cannot always tell by looking at a person on the street whether he is a master musician, a master artist, an engraver of stones, or one who has great skill in surgery and medicine. You can tell the cultured person, and you can tell the person who is contented, happy, or the one who is discouraged. The more subtle the culture, though, and the more psychic the development, the less it is likely to show on the surface.

All of this is typified by the statement from one of our members in this class who said: "My health has been so good ever since I went through the exercises and work of the Ninth Degree that I have had no chance to prove to myself how much I can do in the way of correcting any disease or pain or illness that I may have. I know that I have been able to help others, but as for having the sensation of feeling the great power work on myself, I do not seem to have the opportunity. Even those other Rosicrucians whom I have met and who want to show me what they can do, make little impression on me with their psychic work because of my perfect health."

It is true that a person who is fairly normal and in fairly good health will not sense any psychic treatments that are given to him because the system does not take in and absorb treatments when they are not necessary. Deep breathing will not have the same effect upon a person who does not need the extra charge of Nous as it will on a person who is weak and needs it.

This week, try to realize the spiritual side of your recent exercises. In one of the early lessons of this Degree you will recall that you were given information of the fact that it is possible for you to lift yourself up and attune with the counterpart of yourself in the Cosmic. Let me give you a surpris-





ing esoteric thought that will help you in much of your concentration and meditation; that counterpart of yourself is a part of the Christ Consciousness. It is this consciousness which concentrated itself in one visible human being on the earth plane centuries ago. When the Master Jesus spoke of many mansions in his father's house, and a place that would be made for you, he was referring to the vacant place in the Cosmic Consciousness that is your place, your niche, so to speak. Therefore, when you sit in meditation and want to lift yourself to the highest spiritual realm to feel the thrilling though subtle vibrations of Cosmic attunement, keep in mind that you are not only lifting up your psychic consciousness to attunement with the Universal Cosmic Consciousness, but also that you are literally stepping back into the counterpart of yourself.

Let us suppose that you have been lying upon the soft sand of the beach, and that someone had piled sand all around you, but not over you. If, after lying there a while and sleeping, you would arise to your feet, you would find a counterpart of yourself like a vacant spot in the sand. The counterpart would be of your physical self, and if you were to lie down again and fit yourself into that space, you would feel snug and comfortable because the sand would fit closely around you like a shell. If you think of the Cosmic as the sand on the beach and your counterpart in the Cosmic as the space in the sand, you will get some idea of what I mean by the counterpart which your consciousness left in the Cosmic when you entered into your present physical body. At transition that consciousness will fit back into the Cosmic space again just as your body fitted back into the space in the sand.

Attuning yourself with the Cosmic, and with that counterpart, is like momentarily stepping partly into that place until you are aware of the Cosmic all around you, and feel as though you and the Cosmic were one. The moment you do this, you begin to have the Christ Consciousness or the sense of attunement with the Christus which is the creative vitalizing power that God has given to man. At such moments of meditation when you are attuned in this manner you are at one with all of the powerful forces of the universe. The result is that during those few moments your whole body physically, mentally, psychically, and in every other sense is surrounded by the Cosmic energies and powers which surge through your physical body and rejuvenate and revitalize every cell, every tissue and part of yourself physically as well as psychically.

Doing this once or twice a day over a period of months is sure to bring contentment, peace, a stronger vitality or constitutional health, and a change in those weaknesses which otherwise would break down your body, make it ill, old, strained, or worn out. At the same time, your mind becomes illumined and infused with magnificent thoughts and inspiring ideas. Something of nobility comes to the Consciousness at such a time. All thoughts





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of sordid things leave, and seem unholy, unnatural, and undesirable. All enmity, hatred, jealousy is suspended for the time being. Even hunger is suspended, as has been proved by those who have gone into a trance and prolonged the meditation and attunement for days, and have awakened or come out of the trance later without the slightest degree of hunger, wear, or strain upon the body or mind in any sense. Thus it is not suspended animation, so far as the physical functionings of the body are concerned, that weakens the body or deprives it of any of its vitality.

Every hour of our waking state while we are active, even if only thinking, wears out some of the blood cells, some of the muscle cells, and reduces some of the vitality of the human body. That is why we become tired, groggy, or filled with toxic sensations, and that is why we need to take in more food, and more liquid, and finally rest. While you are in perfect attunement with the Cosmic, however, and are consciously a part of it, all of this wear and tear upon the cells of the body and the exhausting of the vitality and energy is suspended. It is a perfect period of relaxation and regeneration at the same time.

During this coming week I should like to have each of you meditate twice a day, following some of the exercises you have already had, using your musical note or humming it, thinking of the color that belongs with it, and in other ways relaxing and attuning yourself with your counterpart in the Cosmic. Try visualizing an opening or a space just the size of your body, just the size of your real self, in the Cosmic into which you are going to project your thoughts, and your consciousness. Become unaware of where you are sitting, living, or what you have done during the day or night before. Just become a part of the Universal Consciousness with only thoughts of love, peace, and perfect contentment. This is what is called Peace Profound. Try this for at least five minutes each morning and evening. Do not try to send forth any thoughts or to analyze anything while you are relaxed; just sense the inpouring into your very heart, soul, and consciousness of the sublime spirituality that surrounds you in the Cosmic.

If any inspired thoughts, words, messages, or symbols come to you, do not try to analyze them while they are coming to you, but just remain relaxed. Do not allow your mind to wander to any subjects in the lessons. Do not think of how many minutes you have been sitting in meditation or whether or not you are doing the right thing. Think only of vastness of space filled with Cosmic Consciousness and energy, with yourself as the center of it, surrounded by it; your mind, consciousness, vitality blended into that of the Cosmic, and all of the Cosmic mind and consciousness blended into you.



In five or ten minutes you will realize that you are coming back to worldly consciousness, wholly or nearly purged of all the weaknesses, sins, sicknesses and other things that

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have been your cross for recent years. Do not try to go to sleep, or into a trance, for this is not what you are going to do. Should you be tired enough to go to sleep during this meditation and sleep for ten, twenty, or thirty minutes, it will do you no harm, and you will awaken just as if you had been in a tired condition and had taken a little nap. Do this during the coming week and enjoy the marvelous magnetic strength and power that comes to your mind and body!

May Peace Profound abide with each of you.

Fraternally,

YOUR CLASS MASTER





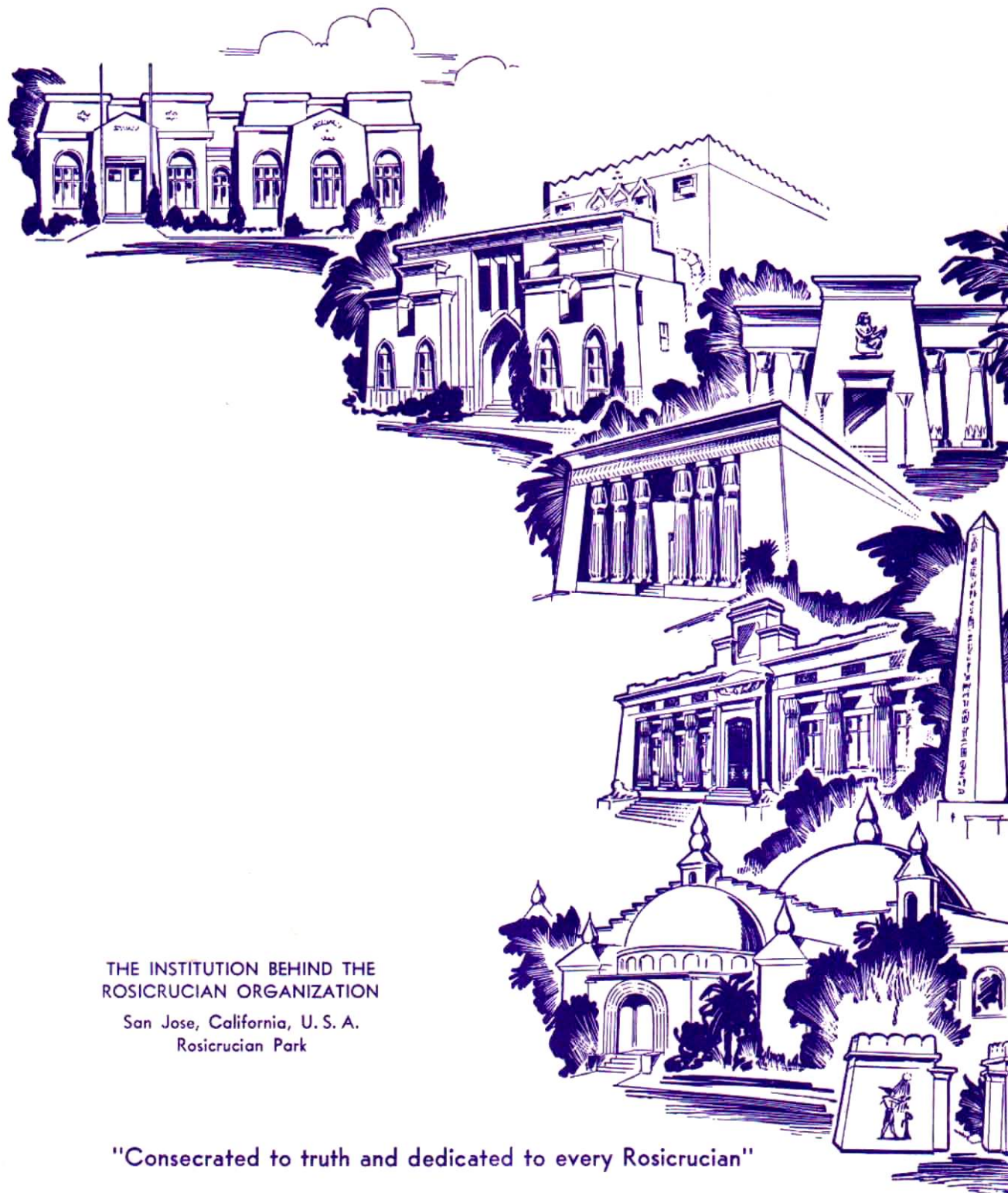
## *Summary of This Monograph*

Below is a summary of the important principles of this monograph. It contains the essential statements which you should not forget. After you have carefully read the complete monograph, try to recall as many as you can of the important points you read. Then read this summary and see if you have forgotten any. Also refer to this summary during the ensuing week to refresh your memory.



- ¶ Members in this Degree are having experiences in accordance with their degree of development.
- ¶ Tests made at the University at Rosicrucian Park prove that development of the psychic centers progresses without objective awareness on the part of the member.
- ¶ In attempting to realize the spiritual side of the recent exercises, it is helpful to meditate upon the thought that our counterpart in the Cosmic is a part of the Christ Consciousness.
- ¶ In attuning with the Cosmic bear in mind that you are literally stepping back into the counterpart of yourself. Visualize yourself doing this, at the same time using your musical note and thinking of the color that goes with it.
- ¶ Such attunement once or twice a day over a period of months will result in renewed physical and mental health, as well as in many spiritual blessings.





THE INSTITUTION BEHIND THE  
ROSIKRUCIAN ORGANIZATION

San Jose, California, U. S. A.  
Rosicrucian Park

"Consecrated to truth and dedicated to every Rosicrucian"

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